

Abstract

To investigate the relationship among personal strivings, relationship with parents, relationship with the most respected teacher, self-concept and life satisfaction, a total of 261 students were recruited from three secondary schools to complete a questionnaire in Chinese. Results showed that relationship with parents was the best predictor of life satisfaction for adolescents, followed by 'past attainment' and then relationship with the most respected teacher. Self-concept was not found to be a predictor of life satisfaction. For boys, the relationship with the most respected teacher was the best predictor of life satisfaction while relationship with parents was the best predictor for girls. Boys were found to have higher general and physical self-concept than girls do. Adolescents should be given opportunities to demonstrate achievements. Conflict resolution with parents and teacher is of paramount importance.